



Events Calendar

2025



GreenPark

FITNESS

23RD MARCH
READING
HALF
MARATHON

1ST JUNE
READING 10K

2ND JULY
GREEN PARK
TRIATHLON

9TH JULY
SUMMER
SPORTS

MONDAY
SWEAT

WALKING
GROUP

WEDNESDAY
STRENGTH

YOGA

ZUMBA

KICK
BOXING

RUNNING
CLUB

CLIMBING
WALL

Easter Extravaganza

1ST-18TH APRIL
EASTER
EGG APPEAL

2ND APRIL
ART CLASS: EASTER
ACRYLIC PAINTING

15TH APRIL
CRAFT CLASS:
SPRING PRESSED
FLOWER COLLAGE

17TH APRIL
CHOCOLATE EASTER
EGG DECORATING

Valentine's Celebrations

11TH-13TH FEBRUARY
GIFTS FOR
VALENTINE'S
DAY POP-UP

13TH FEBRUARY
VALENTINE'S
DAY QUIZ

Learning Events

LUNCH AND LEARN

ENVIRONMENTAL
FORUMS

NATURE WALKS

BAT WALK AND TALK

LANGUAGE COURSES

ART CLASSES

Summer Fun

STARTING 3RD JUNE
FOR 6 WEEKS
ZUMBA

11TH JUNE
WELLNESS
FESTIVAL

FROM 7TH MAY
BEEKEEPING
PRACTICAL
COURSE

25TH JUNE
SUMMER
CARNIVAL

OPEN AIR CINEMA

20TH-21ST AUGUST
OPEN AIR CINEMA

HALLOWEEN SPOOKTACULAR

28TH OCTOBER
CRAFT CLASS: CLAY
PUMPKIN PAINTING

29TH OCTOBER
PUMPKIN CARVING

30TH OCTOBER
SPOOKTACULAR
HALLOWEEN QUIZ

FESTIVE CHEER

26TH NOVEMBER
CRAFT CLASS:
BAUBLE MAKING
2ND & 4TH DECEMBER
WREATH MAKING

3RD DECEMBER
WINTER FESTIVAL
12TH DECEMBER
CHRISTMAS
JUMPER DAY

January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 New Year's Day Bank Holiday	2	3	4	5
6 ROCK CHOIR Starting Tuesday 14th January		8	9 Language classes begin	10	11	12
13 MONDAY SWEAT Language classes	14 WALKING GROUP ROCK CHOIR Lunch & Learn	15 WEDNESDAY STRENGTH	16 YOGA	17	18	19
20 MONDAY SWEAT Language classes	21 WALKING GROUP ROCK CHOIR Lunch & Learn	22 WEDNESDAY STRENGTH	23 YOGA	24	25	26
27 MONDAY SWEAT Language classes	28 WALKING GROUP ROCK CHOIR	29 WEDNESDAY STRENGTH Chinese New Year Year of the Snake	30 YOGA	 EXERCISE CLASSES FOUR TIMES A WEEK. EVERY WEEK! MONDAY SWEAT WEDNESDAY STRENGTH YOGA WALKING GROUP Burns Night		
				 LANGUAGE CLASSES Start from Thursday 9th January		

February



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
		 Beekeeping Theory Course Starting Wednesday 19th February				
3 MONDAY SWEAT Language classes	4 WALKING GROUP ROCK CHOIR Lifestyle Roadshows Shrove Tuesday	5 WEDNESDAY STRENGTH Lunch & Learn	6 YOGA	7	8	9
10 MONDAY SWEAT Language classes	11 WALKING GROUP ROCK CHOIR Lifestyle Roadshow Valentine's Day Gift Pop-Up 11th-13th February	12 WEDNESDAY STRENGTH	13 YOGA VALENTINE'S DAY QUIZ	14	15	16
17 MONDAY SWEAT Language classes	18 WALKING GROUP ROCK CHOIR Lifestyle Roadshows Beekeeping Theory Course	19 WEDNESDAY STRENGTH	20 YOGA	21	22	23
24 MONDAY SWEAT Language classes	25 WALKING GROUP ROCK CHOIR	26 WEDNESDAY STRENGTH	27 YOGA	28	 VALENTINE'S DAY QUIZ Thursday 13th February	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				<p>1 St David's Day</p> <p>2</p>		
<p>3 MONDAY SWEAT</p> <p>Language classes</p>	<p>4 WALKING GROUP</p> <p>ROCK CHOIR</p> <p>Shrove Tuesday</p>	<p>5 WEDNESDAY STRENGTH</p> <p>ART Class</p> <p>Beekeeping Theory Course</p>	<p>6 YOGA</p> <p>World Book Day</p>			
<p>10 MONDAY SWEAT</p> <p>Language classes</p>	<p>11 WALKING GROUP</p> <p>ROCK CHOIR</p> <p>Lunch & Learn</p>	<p>12 WEDNESDAY STRENGTH</p> <p>Beekeeping Theory Course</p>	<p>13 YOGA</p>	<p>14</p> <p>15</p> <p>16</p>		
<p>17 MONDAY SWEAT</p> <p>Language classes</p> <p>St Patrick's Day</p>	<p>18 WALKING GROUP</p> <p>ROCK CHOIR</p>	<p>19 WEDNESDAY STRENGTH</p> <p>Beekeeping Theory Course</p>	<p>20 YOGA</p> <p>Environmental Forum</p> <p>Spring Equinox</p>	<p>21</p> <p>22 8:30pm-9:30pm EARTH HOUR</p> <p>23 READING HALF MARATHON</p>		
<p>24 MONDAY SWEAT</p> <p>Language classes finish</p>	<p>25 WALKING GROUP</p> <p>ROCK CHOIR</p>	<p>26 WEDNESDAY STRENGTH</p> <p>Street FOOD</p> <p>Beekeeping Theory Course</p>	<p>27 YOGA</p>	<p>Mother's Day</p>		
<p>31 MONDAY SWEAT</p>	<p>Wednesday 26th March</p>					




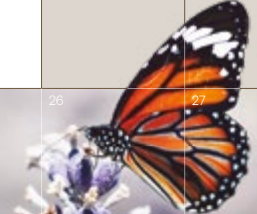


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>1 WALKING GROUP</p> <p>EASTER EGG APPEAL 1st-18th April</p> <p>April Fool's Day</p>	<p>2 WEDNESDAY STRENGTH</p> <p>ART Class</p>	<p>3 YOGA</p>			
<p>8 MONDAY SWEAT</p> <p>EASTER EGG APPEAL</p>	<p>9 WALKING GROUP</p>	<p>10 WEDNESDAY STRENGTH</p>	<p>11 YOGA</p>	<p>Starts Tuesday 15th April</p> <p>Palm Sunday</p>		
<p>14 MONDAY SWEAT</p>	<p>15 WALKING GROUP</p> <p>CRAFT CLASS Spring Pressed Flower Collage</p> <p>RUNNING CLUB</p>	<p>16 WEDNESDAY STRENGTH</p>	<p>17 YOGA</p> <p>CHOCOLATE EASTER EGG DECORATING</p>	<p>18 GOOD FRIDAY</p>	<p>19</p>	<p>20</p>
<p>21 EASTER MONDAY</p>	<p>22 WALKING GROUP</p> <p>Language classes begin</p> <p>EARTH DAY</p> <p>RUNNING CLUB</p> <p>Nature Walk</p>	<p>23 WEDNESDAY STRENGTH</p> <p>ROCK CHOIR</p>	<p>24 YOGA</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>28 MONDAY SWEAT</p> <p>Language classes</p>	<p>29 WALKING GROUP</p> <p>ROCK CHOIR</p> <p>Lunch & Learn</p> <p>RUNNING CLUB</p>	<p>30 WEDNESDAY STRENGTH</p>	<p>Thursday 17th April</p>			

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>WALKING GROUP Every Tuesday</p>			1 YOGA	2	 <p>CLIMBING WALL Monday 19th – Friday 23rd May</p>	
5 EARLY MAY BANK HOLIDAY	6 WALKING GROUP ROCK CHOIR Language classes RUNNING CLUB	7 WEDNESDAY STRENGTH ART Class Beekeeping Practical Course	8 YOGA	9		
12 MONDAY SWEAT Language classes	13 WALKING GROUP ROCK CHOIR RUNNING CLUB	14 WEDNESDAY STRENGTH Street FOOD Beekeeping Practical Course	15 YOGA	16		
19 MONDAY SWEAT Language classes CLIMBING WALL 19th–23rd May	20 WALKING GROUP ROCK CHOIR RUNNING CLUB	21 WEDNESDAY STRENGTH Beekeeping Practical Course	22 YOGA	23	24	25
26 SPRING BANK HOLIDAY	27 WALKING GROUP ROCK CHOIR Language classes Lunch & Learn	28 WEDNESDAY STRENGTH Beekeeping Practical Course	29 YOGA	30	31	



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					 <p>READING 10K Pride Month</p>	
2 MONDAY SWEAT Language classes	3 WALKING GROUP ROCK CHOIR ZUMBA	4 WEDNESDAY STRENGTH ART Class Beekeeping Practical Course	5 YOGA Environmental Forum	6	 <p>SUMMER Carnival Wednesday 25th June</p>	
9 MONDAY SWEAT Language classes	10 WALKING GROUP ROCK CHOIR ZUMBA	11 WEDNESDAY STRENGTH Wellness Festival Beekeeping Practical Course	12 YOGA	13		
16 MONDAY SWEAT Language classes	17 WALKING GROUP ROCK CHOIR ZUMBA Lunch & Learn	18 WEDNESDAY STRENGTH PHOTOGRAPHY CLUB	19 YOGA	20	21	22
23 MONDAY SWEAT Language classes	24 WALKING GROUP ROCK CHOIR ZUMBA	25 WEDNESDAY STRENGTH SUMMER Carnival	26 YOGA	27	28	29
30 MONDAY SWEAT Language classes	 <p>PHOTOGRAPHY CLUB Wednesday 18th June</p>			 <p>ZUMBA Starts Tuesday 3rd June</p>		

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 River Kennet Clean Up Tuesday 8th July	1 WALKING GROUP ZUMBA ROCK CHOIR	2 WEDNESDAY STRENGTH OPEN WATER SWIM & TRIATHLON ARTClass	3 YOGA 	4	5 	6
7 MONDAY SWEAT Language classes finish	8 WALKING GROUP ZUMBA River Kennet Clean Up	9 WEDNESDAY STRENGTH SUMMER SPORTS AXE THROWING	10 YOGA	11	12 SUMMER SPORTS AXE THROWING Wednesday 9th July	13
14 MONDAY SWEAT	15 WALKING GROUP Nature Walk 	16 WEDNESDAY STRENGTH Street FOOD	17 YOGA 	18 The Big Butterfly Count 18th July to 8th August	19	20
21 MONDAY SWEAT	22 WALKING GROUP Lunch & Learn	23 WEDNESDAY STRENGTH	24 YOGA	25 	26	27
28 MONDAY SWEAT 	29 WALKING GROUP	30 WEDNESDAY STRENGTH	31 YOGA	The Big Butterfly Count 18th July–8th August		



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		 Street FOOD Wednesday 13th August		1	2	3
4 MONDAY SWEAT	5 WALKING GROUP	6 WEDNESDAY STRENGTH ARTClass	7 YOGA CYCLE TO WORK DAY 	8	9	10
11 MONDAY SWEAT	12 WALKING GROUP CRAFT CLASS Resin Pots	13 WEDNESDAY STRENGTH Street FOOD	14 YOGA	CYCLE TO WORK DAY Thursday 7th August 		
18 MONDAY SWEAT	19 WALKING GROUP	20 WEDNESDAY STRENGTH OPEN AIR CINEMA 	21 YOGA	22 	23	24
25 SUMMER BANK HOLIDAY	26 WALKING GROUP Lunch & Learn	27 WEDNESDAY STRENGTH	28 YOGA	OPEN AIR CINEMA Wednesday 20th & Thursday 21st August 		


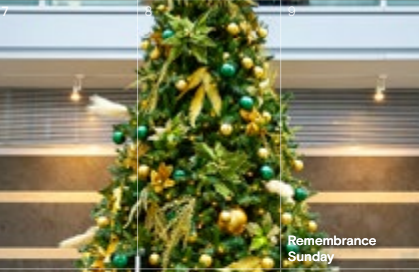

September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 MONDAY SWEAT	2 WALKING GROUP	3 WEDNESDAY STRENGTH ART Class PHOTOGRAPHY CLUB	4 YOGA	5 KICK BOXING	6	7
8 MONDAY SWEAT	9 WALKING GROUP	10 WEDNESDAY STRENGTH	11 YOGA	12 KICK BOXING	13	14
15 MONDAY SWEAT	16 WALKING GROUP	17 WEDNESDAY STRENGTH Street FOOD	18 YOGA	19 KICK BOXING	20	21
22 MONDAY SWEAT Language classes begin	23 WALKING GROUP ROCK CHOIR	24 WEDNESDAY STRENGTH Environmental Forum	25 YOGA	26 KICK BOXING	27	28
Autumnal Equinox						
29 MONDAY SWEAT Language classes	30 WALKING GROUP ROCK CHOIR Lunch & Learn	EXERCISE CLASSES Five days a week in September				

October



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bat Walk & Talk Wednesday 8th October		1 WEDNESDAY STRENGTH ART Class	2 YOGA	3 KICK BOXING	4 PUMPKIN CARVING	
6 MONDAY SWEAT Language classes	7 WALKING GROUP ROCK CHOIR	8 WEDNESDAY STRENGTH Bat Walk & Talk	9 YOGA	10 KICK BOXING	11 Wednesday 29th October World Mental Health Day	
13 MONDAY SWEAT Language classes	14 WALKING GROUP ROCK CHOIR Lunch & Learn	15 WEDNESDAY STRENGTH Street FOOD	16 YOGA	17 WEAR IT PINK DAY		
				18 WALK IN THE PARK CHALLENGE Throughout October		
20 MONDAY SWEAT Language classes	21 WALKING GROUP ROCK CHOIR	22 WEDNESDAY STRENGTH	23 YOGA	24	25	26
Diwali						
27 MONDAY SWEAT Language classes	28 WALKING GROUP ROCK CHOIR CRAFT CLASS Clay Pumpkin Painting	29 WEDNESDAY STRENGTH PUMPKIN CARVING	30 YOGA SPOOKTACULAR HALLOWEEN QUIZ	31 Halloween	SPOOKTACULAR HALLOWEEN QUIZ Thursday 30th October	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
3	4	5	6			
MONDAY SWEAT Language classes	WALKING GROUP ROCK CHOIR	WEDNESDAY STRENGTH ART Class Guy Fawkes Day	YOGA			
10	11	12	13			
MONDAY SWEAT Language classes	WALKING GROUP ROCK CHOIR Lunch & Learn	WEDNESDAY STRENGTH Street FOOD Guy Fawkes Day	YOGA			
17	18	19	20	21	22	23
MONDAY SWEAT Language classes THE GIVING TREE APPEAL ART EXHIBITION	WALKING GROUP ROCK CHOIR	WEDNESDAY STRENGTH	YOGA			
24	25	26	27	28	29	30
MONDAY SWEAT Language classes	WALKING GROUP ROCK CHOIR	WEDNESDAY STRENGTH CRAFT CLASS Bauble Making	YOGA			



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	
MONDAY SWEAT Language classes	WALKING GROUP Wreath Making	WEDNESDAY STRENGTH WINTER Festival	YOGA Environmental Forum Wreath Making			
8	9	10	11	12	13	
MONDAY SWEAT Language classes finish	WALKING GROUP Lunch & Learn	WEDNESDAY STRENGTH	YOGA	Christmas Jumper Day		
15	16	17	18	19	20	21
MONDAY SWEAT	WALKING GROUP	WEDNESDAY STRENGTH	YOGA			
22	23	24	25	26	27	28
Hanukkah ends		Christmas Eve	Christmas day Bank Holiday	Boxing day Bank Holiday		
29	30	31				



For more information
and to RSVP to events
at Green Park, please visit
lifeatgreenpark.co.uk



GreenPark